

Session Descriptions:

*Head Start, Program Coordinator discusses eligibility, services for expectant parents; and children of all ages.

*Lasting Intimacy, for married, engaged, and those in long term relationships. Focus on links of Know, Trust, Rely, Commit, and Touch. Family Advocate will facilitate sessions.

*Warren County Combined Health District, Public Health Educator, discusses the ABC's of Safe Sleep. Participants receive a pack 'n play upon completion.

* Bible Study; using God's Word, showing His love and compassion for each individual, how each person is God's special creation. Chaplain facilitates sessions.

*Coaching; 1:1 Answer questions to topics of interest...What do you want to know about pregnancy, birth and parenting? Mentor facilitates

*OSU Food and Nutrition; healthy recipes, live cooking demonstration and taste tasting. Dietary Educator facilitates

*Dream Maker, create and identify dreams for individuals and family, at this stage of life. Mentor facilitates.